Single-agent Therapy with Lopinavir/ritonavir Suppresses Plasma HIV-1 Viral Replication in HIV-1 Naïve Subjects: IMANI-2 48-Week Results

Gathe Jr. JC¹, Yeh RF^{1,2}, Mayberry C³, Nemecek J³, Miguel B¹, Lipman BA⁴, Fath MJ⁴, Norton M⁴ ¹Therapeutic Concepts, Houston, TX; ²University of Houston, Houston, TX; ³Donald R. Watkins Foundation, Houston, TX; ⁴Abbott, Abbott Park, IL

Background

- A number of pilot trials utilizing lopinavir/ritonavir (LPV/r) as single-agent therapy have shown good viral suppression.¹⁻³
- Data employing the strategy of LPV/r as a single-agent ARV in naïve subjects remain limited.4-7

Methods

This is a Phase II, open-label, pilot study in 39 ARV-naïve subjects examining the safety, viral response, and tolerability of Kaletra® single-agent therapy administered 400/100 BID.

- End-points: • Proportion of subjects with plasma HIV-1 RNA (branched DNA) <75 c/mL at week 48
 - Proportion of subjects with plasma HIV-1 RNA <400 c/mL at week 24 and 48
 - In addition, the IRB required that interim analysis at 24 weeks demonstrate viral suppression not more than 5% lower than LPV/r combination therapy as demonstrated in study M98-863.⁸

Adherence was assessed by returned pill counts.

Major Inclusion Criteria

- VL ≥2000 c/mL
- CD4+ <400*
- ≥18 years of age
- PI-naïve or has <7 days of prior ART with any licensed or investigational compound
- · No active opportunistic infection
- *CD4+ ≥400 allowed only with documented understanding of DHHS guidelines and desire for treatment.

Major Exclusion Criteria

- M184V mutation, or protease mutations at 32, 46, 47, 48, 50, 54, 73, 82, 84, or 90
- HBV coinfection, HCV requiring treatment
- · Hypersensitivity, pregnancy, contraindicated concomitant meds
- Significant concomitant illness

Subject Disposition through Week 48



Results

Baseline Characteristics

	n=39	
Gender – n (%)		
Male	27 (69)	
Female	12 (31)	
Race/Ethnicity – n (%)		
Caucasian	20 (51)	
African American	17 (44)	
Asian	1 (3)	
Hispanic	1 (3)	
Age years – mean (range)	41 (18 – 66)	
Viral load at baseline – median (range)	4.48 (3.62 – >5.70) log c/mL	
>100,000 c/mL – n (%)	10 (26)	
CD4+ at baseline – median (range)	258 (12 – 1,165) cells/mm ³	
>51 – ≤200 cells/mm³ – n (%)	10 (26)	
<50 cells/mm ³ – n (%)	3 (8)	

Virologic Response





Results	(continued)

Subject	Baseline Protease Mutations	Baseline RT Mutations	On-Therapy Protease Mutations	On-Therapy RT Mutations	Phenotype in those with Pl Mutation on Therapy Fold Change (sensitivity)
011	L63P	98S	L63P	None	Phenotype not done†
013	M361, L63P, A71V, I93L, E35D	211K, 333E	L63P, A71V	None	Phenotype not performed as subject was untruthful regarding prior treatment at baseline. Subject was no ARV naïve and received PI medicatio prior to study.
030	M36I	135wt/T	M36I	None	Phenotype not done†
033	L63P	V179D	L63P	V179D	Phenotype not done†
043	L10I, L63P	None	L10I, L63P, I13V	None	Lopinavir – 0.89 (sensitive) Ritonavir – 1.59 (sensitive) Atazanavir – 0.96 (sensitive) Darunavir – 1.25 (sensitive) Fosamprenavir – 1.35 (sensitive) Nelfinavir – 1.58 (sensitive) Saquinavir – 1.30 (sensitive) Tipranavir – 1.1 (sensitive)
049	L10V, K20I, M36I	None	L10V, K20I, M36I, I13V, H69K, L89M G16E	None	Lopinavir – 0.52 (sensitive) Ritonavir – 0.53 (sensitive) Atazanavir – 0.58 (sensitive) Darunavir – 0.48 (sensitive) Fosamprenavir – 0.34 (sensitive) Nelfinavir – 0.42 (sensitive) Saquinavir – 0.62 (sensitive) Tipranavir – 0.64 (sensitive)

†Phenotype not done due to no recognized change in genotypic resistance.

Adherence in Subjects with Virologic Failure



*Documented noncompliant during pharmacist's counseling due to a) avoiding her morning dose to minimize diarrhea if she was going to be out for sometime, b) alcohol intake caused her to forget taking her dose, c) falling asleep and forgetting her dose. †Admitted poor compliance due to chronic diarrhea despite returning no medication. ‡Unannounced LPV/r trough 0.09 ug/mL at week 40.

Virologic Failures

Subject

Rang

- 011 Rebounded and resuppressed throughout study. Week 40 = VL 1,210 c/mL, week 44 VL = 793 c/mL and 139 c/mL at week 48. Dose intensified at week 48.
- 013 Dose intensified at week 40. Week 48 VL 139 c/mL. Subject withdrawn. Subject admitted he was not treatment naïve at study start. He was untruthful in order to gain access to free medication. He had been on several regimens previously, including taking his partner's Kaletra® as single-agent "from time to time".
- 030 Poor compliance suspected. Adherence counseled. Rebounded throughout study. Intensified with TDF/FTC at week 40. Suppressed to VL <75 c/mL at week 44 and 48.
- 033 Poor compliance. Adherence counseled. Failure at week 16. Intensified with TDF/FTC. Suppressed below 400 c/mL by week 44 (VL 120 = c/mL), week 48 VL = 19,950 c/mL.
- **043** Poor compliance. Reached one-log VL decrease by week 4. Reached <400 c/mL by week 16. Rebounded at week 20. Adherence counseled. LPV/r dose intensified at week 28. Did not resuppress.
- 049 Periodic non-compliance suspected. Rebounded at week 32, resuppressed at week 44. VL 743 c/mL at week 48. Resuppressed again after week 48 with adherence counseling.

Cholesterol and Triglycerides Baseline through 48 Weeks

	Baseline	Week 24	Week 48	% Change from Baseline
Total cholesterol (mg/dL)				
Median	163	210	213	29%
Range	115 – 270	123 – 349	86 - 327	(-42 - +86%)
HDL-c (mg/dL)				
Median	39	51	51	24%
Range	24 – 71	28 – 107	24 – 89	(-19 - +89%)
Non-HDL-c (mg/dL)				
Median	124	164	159	29%
Range	66 - 235	67 – 299	62 – 276	(-50 - +114%)
Triglyceride level				
Median	116	195	215	45%

*One subject classified as an ITT responder was suppressed <75 c/mL weeks 8 – 40. He returned for 48 week follow-up having run out of LPV/r two weeks previously. VL at week 48 was 2,915 c/mL. Subject was restarted on LPV/r and retested 2 weeks later. At week 50 VL was 126 c/mL. At week 54 VL was <75 c/mL.

+Five responding subjects had low level viremia (>75 and <400 c/mL) at one or more follow-up visits after initial suppression to <75 c/mL.

Subjects with VL >100,000 c/mL at Baseline (n=10) Viral Suppression (ITT, M=F)



Subjects with CD4 <100 cells/mm³ at Baseline (n=7) Viral Suppression (ITT, M=F)



Point Prevalence of Virologic Response*



*No subjects discontinued through week 48.

Change in CD4+ from Baseline through 48 Weeks (median, IQR)



je	49 – 918	35 – 948	54 – 741	(-37 – +598%)

Adverse Events Potentially Related to Study Drug*

	n	(%)
Diarrhea†	17	(44)
Nausea	4	(10)
Abdominal upset	3	(8)
Fatigue	2	(5)
Subjective increased abdominal girth	2	(5)
Vomiting	2	(5)
Paresthesia	1	(3)
Headache	1	(3)
Increased appetite	1	(3)
Weight gain	1	(3)
Excessive thirst	1	(3)

*Two drug-unrelated SAEs were reported. Subject 038 developed a low grade leiomyosarcoma of the neck and subject 009 was hospitalized with a bilateral buttock abscess with MRSA and severe clostridium difficile colitis. However, the virologic responses were not compromised.

†10/30 (33%) reported diarrhea onset while receiving soft-gel capsules. 7/39 (18%) reported new onset diarrhea while receiving tablets. No subjects withdrew due to adverse events.

Conclusions

- LPV/r single-agent therapy demonstrated sustained virologic response through week 48 with 31/39 (79%) <75 c/mL and 33/39 (85%) <400 c/mL (ITT:M=F).
- · When rebound occurred it appeared to be associated with documented or suspected non-adherence.
- · 4/6 rebounding subjects resuppressed upon adherence counseling and/or intensification.
- In one subject, a single major PI mutation (IAS-USA mutation score) was selected (I54V). However, upon further investigation, this subject was not ARV naïve.
- 5/39 (13%) of subjects who were responders demonstrated at least one episode of low-level viremia following initial viral suppression.
- LPV/r as single therapy was generally well tolerated. The most prevalent adverse event was diarrhea, and
 was more likely to occur with the soft-gel capsule formulation.
- Cholesterol and triglycerides increased from baseline, consistent with other LPV/r investigation. No subject required lipid lowering agents.

Discussion

- These results add to the growing body of knowledge on LPV/r single-agent therapy (SAT). While this study
 is non-comparative, it does provide additional evidence in several key areas:
- The virologic efficacy (79% <75 c/mL at week 48) and immunologic efficacy (CD4+ cell count increase from baseline = 234 cells/mm³) of single-agent LPV/r were comparable to that seen in triple agent HAART⁹ in treatment naïve subjects.
- In this study, phenotypic resistance to protease inhibitor was not observed in naïve subjects experiencing viremia suggesting minimal risk of resistance consequences.
- As seen with LPV/r triple therapy, most subjects experiencing viremia were able to resuppress with adherent counseling or nucleoside intensification.
- The sustained efficacy seen in this study vs. recent studies with other boosted PIs given as SAT may be due to several unique factors:
- The coformulation of LPV/r vs. other boosted PIs may confer an efficacy advantage due to the inability to misdose RTV.
- Effective penetration of LPV into the CNS reservoir resulted in CSF LPV levels greater than the IC₅₀ of WT virus and virologic control in the CSF.⁶
- The availability of LPV/r tablet during the study allowed subjects to switch from LPV/r SGC to tablet, providing additional benefits such as reduced PK variability and tolerability.⁷
- These benefits were not available in earlier studies of LPV/r single-agent therapy.¹⁰⁻¹²
- These results support continued scientific study of LPV/r tablet as SAT and on-going work includes:
- Assessment of LPV penetration and virologic control in the female genital tract control during SAT
- Longer term follow-up to assess the durability of the LPV/r tablet SAT strategy
- Assessment of benefits and risks of simplification of stable subjects from BID to QD LPV/r single- agent therapy

Pharmacoeconomic analyses

References

- Centeren IV, ds Shin B, Anhua J, et al. Alterytar sectorized controls clinical trial in antitetrovincein and personal approximation (PPV) montherapy after Initial inductor treatment compared to an elevines (EPV) Solidg regimes (Study MD411), Program and address of the XVI International ADS Conference, August 11-10, 2005; Toronto, Canada, Abaras T M42001.
- X/I International AGB Conference, August 15-18, 2006; Toorsin, Canada, Advincet TU46/0103. Arriban J, Palido F, Delgado, R. et al. Lopicatritosaria as kingle-dog maintenance abrary in palients with HH-1 viol suppression: Tork vigit meet results of a mardonizat, controlinal, open label, circlania tai (DK4 Stady), Program and abateut of the X/I International AGB Conference, August 15-19, 2006; Toorsin, Canada.
- 4 Castle Jr. D., Washington IY, Maybeny C, et al. IMAR-1 TC3IPP Single drug HARRT-prof of concept study. Plot study of the sality and efficacy of Kalens [LP10] as single drug HARRT in HIV + ARX-salee patients: interim analysis of subjects completing final 48 week data. Program and abstracts of the XVI ARD S Contenence, July 11-16, 2004; Exemption, Thailand. Advances HADRE10577.
- Deficiency /F, Fands P, Delacyme C, et al. MONARY: Trial (MONAtherapy AntRetovinal Kaletra): 48-weak analysis of lopine/infloreavir (LPVI) montherapy companed to LPVI? + zidovudine/lamivudine (AZTOTC) in antibutoviral-value patients. Program and abstracts of the XVI International AGS Conference 2006; Toronto, Canada: Asstract TH-B2022.
- 6 Yeh RF, Latendre S, Novek L et al. Single-agent therapy with lopinavintensive controls HIV-1 vial replication in the central nervous system. 14th Contennons on Retrovisues and Opportunistic Intectors; February 35-28, 2007; Los Angeles, 7 Garbe Jr. JC, Lipman B, Migueli B, et al. Tolerability and preference of lopinavintensivi (Kaletta) capsules versus tablets as single agent therapy (MANA-21, HIVR: 12-16 November 2006; Glazow, Sostand, Alexton PAD
- 8 Walmsley S, Bernstein B, King M, et al. Lepinavir-Honavir versus neifinavir for the initial treatment of HIV Infection. N Engl J Med. 2002; 346:2039-2046.
- Bartiett J, Faht M, DeMaai R, et al. An updated systematic overview of the effectiveness of triple combination therapy in antiindroviral-naive HIV-1 infected adults. ALDS. 2006; 20:2051-2064. Debraisey J-F, Flandre P, Delaugerre C, et al. MCNARK Trial (MCNontherapy AmBitoviral Kaletta): 48-week analysis of lopinaviritionavir (LPVIr) monotherapy compared to LPVIr + zidovurdinal
- Actional TH 60002.
- An approximate star or graps were reason as a measure as a meas a measure as a measure as a meas a measure as a measure as a measu

