

Evolution of Lopinavir (LPV) Resistance in Protease Inhibitor-Experienced Patients Treated with LPV/r

M King, H Mo, A Molla, S Brun, D Kempf; Abbott Laboratories, Abbott Park, IL, USA

BACKGROUND

We have previously examined the virologic response of multiple PI- and NRTI-experienced, NNRTI-naïve patients to treatment with lopinavir/ritonavir (LPV/r) plus efavirenz (EFV) and NRTIs with respect to baseline genotype and phenotype [Kempf et al., 2002]. Maximal activity was observed in patients with baseline viruses containing up to 5 mutations associated with LPV resistance and/or displaying up to 10-fold reduced susceptibility to LPV (lower clinical breakpoint). Although there was also a difference in clinical response rates between patients with baseline viral isolates displaying <40-fold and >40-fold reduced susceptibility to LPV, the ability to define an upper breakpoint for LPV/r activity in that study was limited by the relatively small number of patients with high-level baseline resistance and by the concomitant activity of EFV.

In separate Phase II and III studies, the development of resistance to lopinavir has not been observed among 508 antiretroviral-naïve patients treated with a LPV/r-based regimen [Walmsley et al., 2002, Kempf et al., 2003, Stevens et al., 2003]. In contrast, the development of resistance to LPV/r has been observed in PI-experienced patients. In this investigation, we characterize the selection of incremental LPV resistance among PI-experienced patients with incomplete virologic response to LPV/r.

We also explored the selection of incremental LPV resistance in these patients as an alternate method for estimating an upper breakpoint for this boosted PI: lack of evolution among patients with high levels of baseline resistance may suggest a "no-effect" level if the drug(s) exert insufficient selective pressure to force the accumulation of additional resistance.

METHODS

Samples were analyzed from two Phase II studies and one Phase III study of LPV/r in combination with either nevirapine (NVP) or efavirenz (EFV) and NRTIs (Table 1).

Table 1. Clinical Studies in PI-Experienced Patients Used for Analysis of Incremental Resistance Development

| Study No. | Patient Population | No. of Patients Receiving LPV/r | Study Regimen | LPV/r Dose |
|-----------|--------------------------------------|---------------------------------|-----------------------------|---------------------------|
| M97-765 | Single PI-experienced, NNRTI-naïve | 70 | LPV/r, NVP, NRTIs of choice | 400/100 or 400/200 mg BID |
| M98-957 | Multiple PI-experienced, NNRTI-naïve | 57 | LPV/r, EFV, NRTIs of choice | 400/100 or 533/133 mg BID |
| M98-888 | Single PI-experienced, NNRTI-naïve | 148 | LPV/r, NVP, NRTIs of choice | 400/100 mg BID |

For analysis of genotype and phenotype, samples were selected from among patients demonstrating virologic rebound or incomplete virologic response. Baseline samples were also analyzed for each patient. For patients with multiple rebound samples, the maximum fold change in LPV IC_{50} on therapy was considered in the analysis.

Selection of incremental resistance was defined as having satisfied any of the following: (1) emergence of a new primary PI mutation (D30N, V32I, G48V, I50V, V82A/F/T/S, I84V, L90M); (2) emergence of a new secondary mutation that is not normally observed as a polymorphism (L24I, L33F, M46I/L, I47A/V, I54A/V/L, N88D); (3) emergence of any other secondary mutation (L10F/I/R/V, K20M/R, M36I, A71V/T, G73S/A, V77I) accompanied by a ≥ 2 -fold change in LPV IC_{50} between baseline (pre-LPV/r treatment) and rebound.

The effects of baseline genotype (number of PI mutations) and phenotype on the selection of additional resistance were assessed by logistic regression analysis. Number of PI mutations was based on the LPV mutation score, including the following mutations previously associated with reduced LPV susceptibility: L10F/I/R/V, K20M/R, L24I, M46I/L, F53L, I54L/T/V, L63P, A71I/L/V/T, V82A/F/T, I84V, L90M [Kempf, et al., 2001].

RESULTS

Selection of Incremental LPV Resistance

- Baseline and rebound genotypic results were available from 54 patients (41 single PI-experienced and 13 multiple PI-experienced).
- Phenotypic results were available from all 54 patients at rebound and from 45 patients at baseline. No patient was receiving any PI other than LPV/r.
- Selection of incremental lopinavir resistance was observed in 19 patients with viral rebound and resistance data available (19/54, 35%), including 14/41 (34%) single PI-experienced patients and 5/13 (38%) multiple PI-experienced patients.
 - The most common mutations at baseline among the 19 patients demonstrating selection of incremental lopinavir resistance were at positions 10 (17 patients) 71 and 82 (12 patients each), and 54 (11 patients) (Figure 1a).
 - The most common mutations emerging at rebound among these patients included M46I/L (emerged in 10/13 [73%] patients without M46I/L at baseline), I54V (6/8 patients, 75%), L33F (6/18 patients, 33%), and V82A (2/7, 29%). The I50V mutation emerged in 2 patients with prolonged periods of detectable viral load (Figures 2a and 2b).
 - For these 19 patients, the median (interquartile range) phenotypic susceptibility to other protease inhibitors at the last available visit was ritonavir: 18 (11-36), nelfinavir: 35 (14-68), amprenavir: 5.4 (2.4-21), saquinavir: 3.9 (1.2-63). Notably, among patients not previously exposed to saquinavir, the median (IQR) fold saquinavir resistance was 1.4 (0.7 to 3.2) (Figure 1b).

Figure 1a. Mutations Present at Baseline or Rebound Among 19 Patients Selecting Additional LPV Resistance

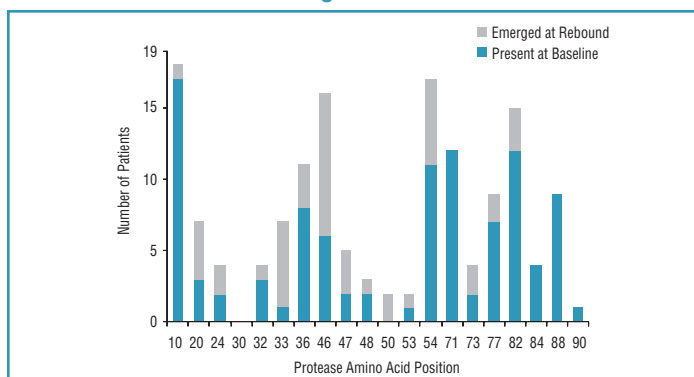


Figure 1b. Fold Change in PI Resistance in Patients with Incremental LPV Resistance (Median \pm IQR)

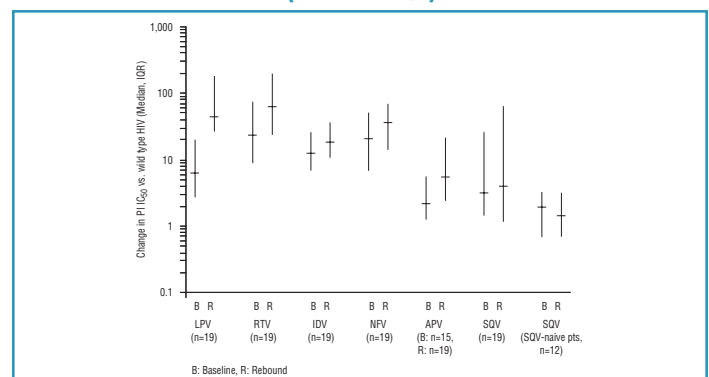


Figure 2a. Patients Developing I50V

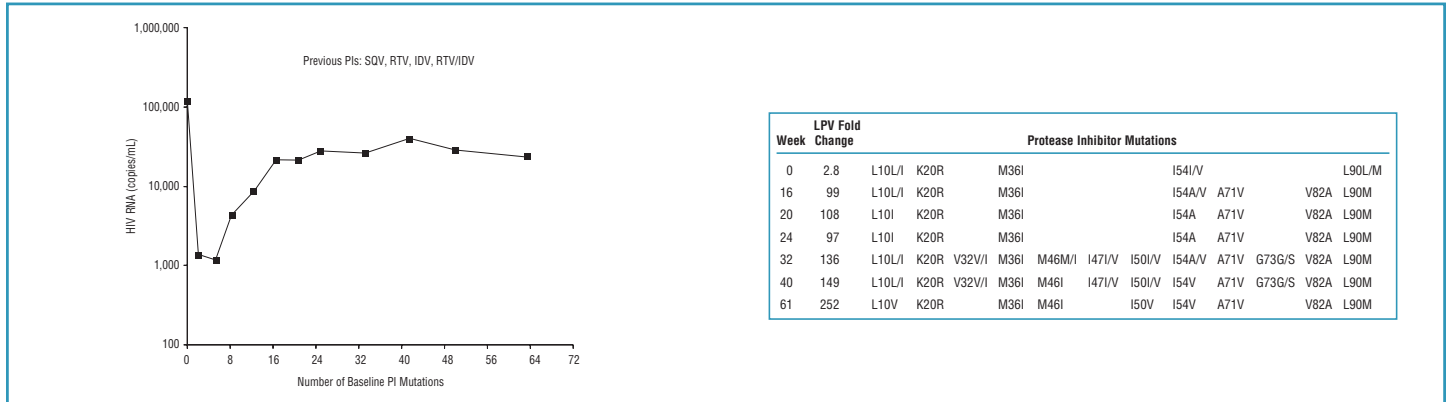
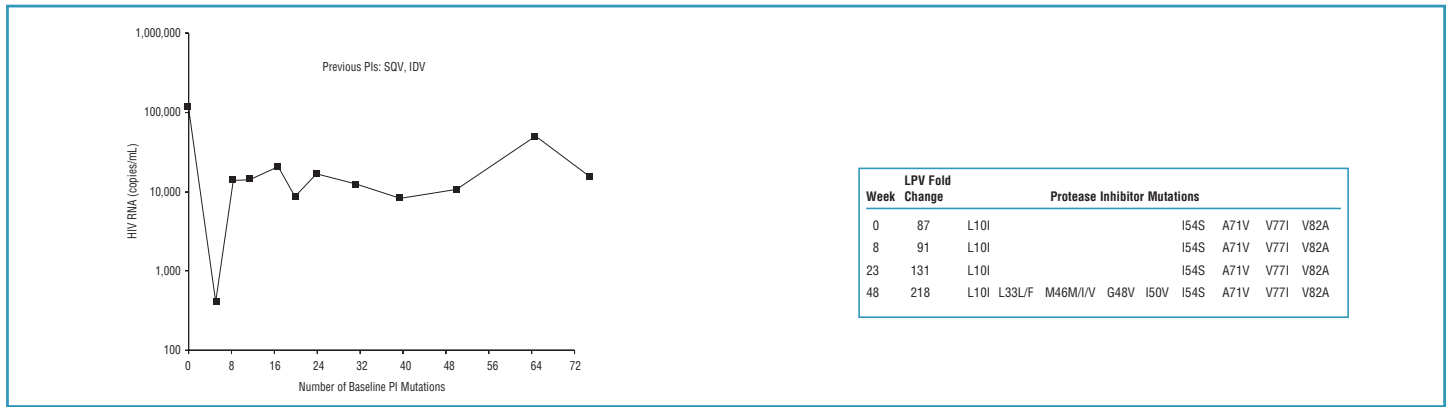


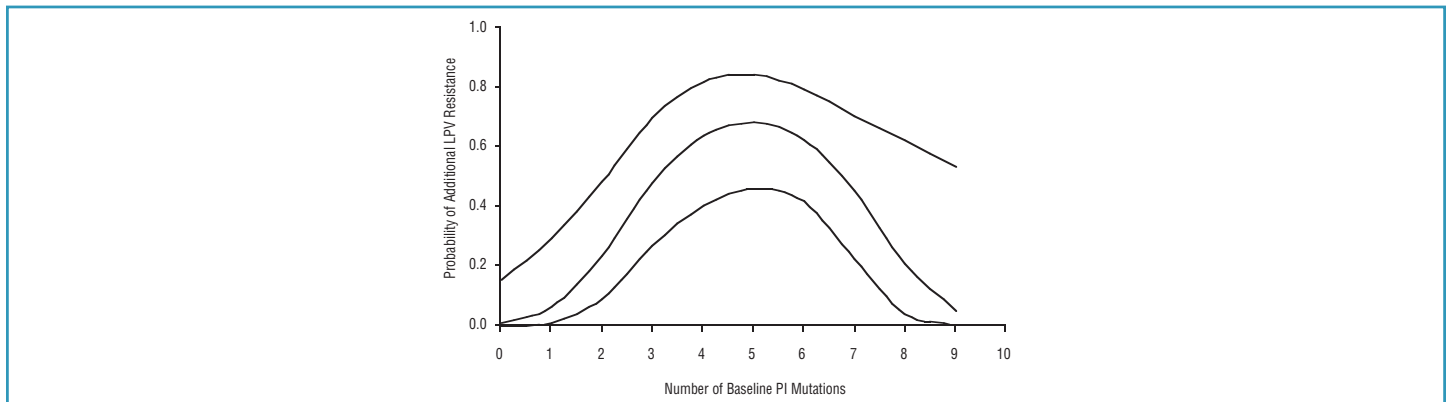
Figure 2b. Patients Developing I50V



Genotypic Predictors of Additional LPV Resistance

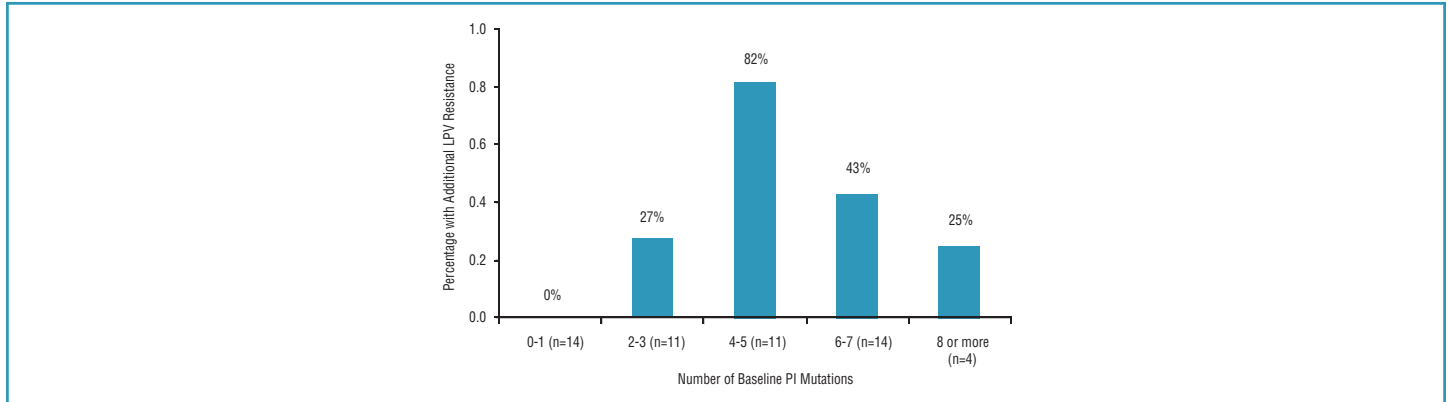
- All patients demonstrating incremental resistance had at least one primary PI mutation (see Methods) at baseline: 19/39 patients with at least one primary PI mutation demonstrated incremental LPV resistance, compared with 0/15 patients without a primary PI mutation ($p < 0.001$).
- A second-order logistic regression model indicated maximal selective pressure (highest probability of incremental LPV resistance) at 4-6 baseline PI mutations with little selective pressure below 2 or above 7 PI mutations (Figure 3).
- Thus, no resistance emerged in the rebound isolates from 14 patients with 0-1 baseline PI mutations, while in contrast, the selection of incremental resistance was evident in isolates from 3/11, 9/11, 6/14, 1/4 patients with 2-3, 4-5, 6-7 and 8-10 baseline PI mutations, respectively (Figure 4).
- Among patients with at least one primary mutation, a mutation at position 32 was statistically significantly associated with development of incremental LPV resistance: 4/4 patients with a V32I mutation developed incremental resistance, as did 15/35 patients without a V32I mutation ($p = 0.047$). No other mutation was statistically significantly associated with incremental LPV resistance.

Figure 3. Logistic Regression Model of Predicted Probability (and 95% CI) of Incremental LPV Resistance Among Patients with Rebound



RESULTS *continued*

Figure 4. Proportion of Patients with Rebound Selecting Incremental LPV Resistance by Number of Baseline PI Mutations



Phenotypic Predictors of Incremental LPV Resistance

- A second-order logistic regression model suggested a substantial drop in selective pressure beginning at 40- to 60-fold reduced baseline susceptibility to LPV (Figure 5). The probabilities (95% CI) of incremental selection of LPV resistance in patients with 40-, 60-, and 80-fold baseline LPV IC₅₀ were 46% (25%, 72%), 31% (11%, 63%) and 20% (5%, 56%), respectively.
- Among patients with ≥4 baseline PI mutations, incremental resistance was selected in 13/19, 2/4, and 1/6 patients with <40-fold, 40- to 60-fold, and >60-fold baseline reduced susceptibility to LPV (Figure 6).

Figure 5. Logistic Regression Model of Predicted Probability (and 95% CI) of Incremental LPV Resistance Among Patients with Rebound

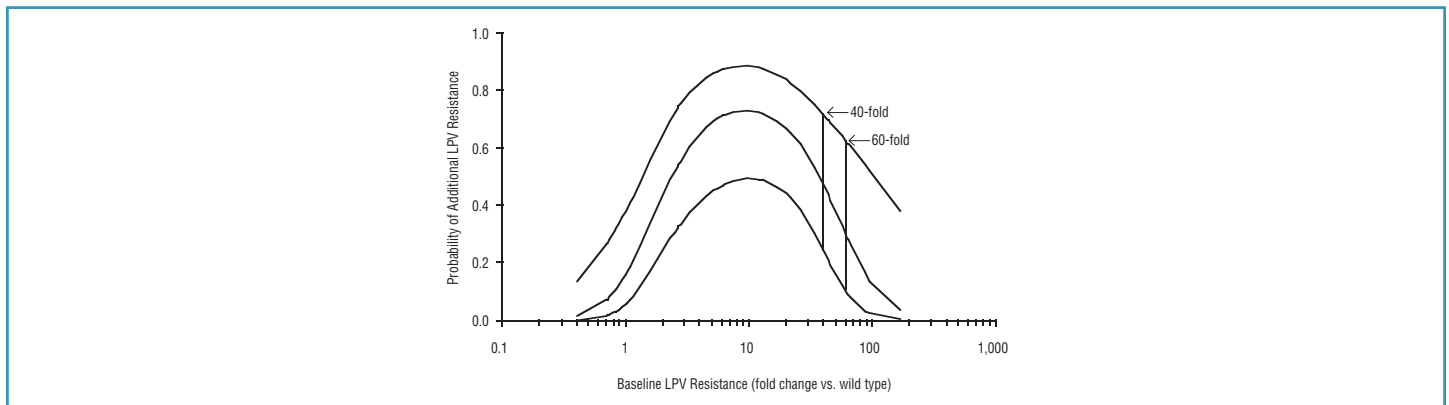
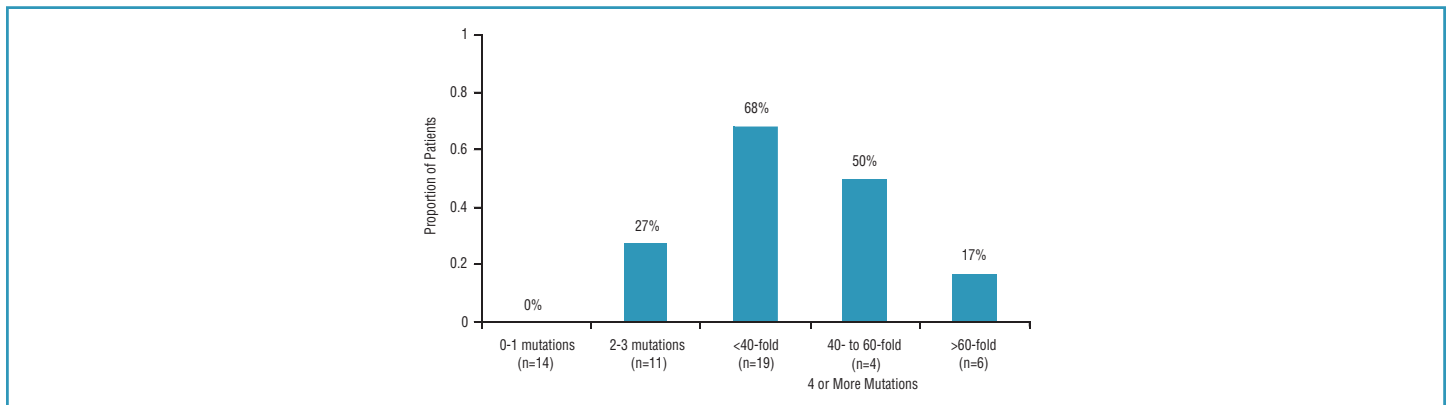


Figure 6. Proportion of Patients with Rebound Selecting Incremental LPV Resistance by Baseline Genotype and Phenotype



- The magnitude of incremental phenotypic LPV resistance was highest among patients with at least 4 PI mutations but <60-fold baseline reduced susceptibility to LPV. Mean and median (IQR) changes in LPV susceptibility between baseline and rebound with respect to baseline genotype and phenotype are shown in Figures 7a and b.
- The majority of patients with 4 or more baseline PI mutations (27/29) demonstrated high-level NNRTI phenotypic resistance and Data Analysis Plan (DAP)-defined [DeGruttola et al., 2000] NNRTI resistance mutations at rebound.

RESULTS continued

Figure 7a. Fold Change in LPV Resistance During LPV Treatment Among Patients with Rebound (Median and IQR)

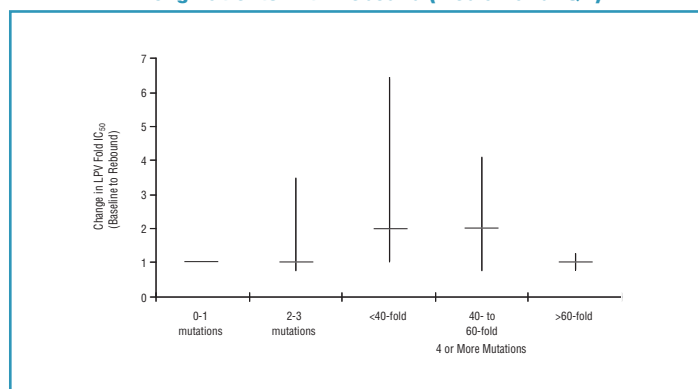
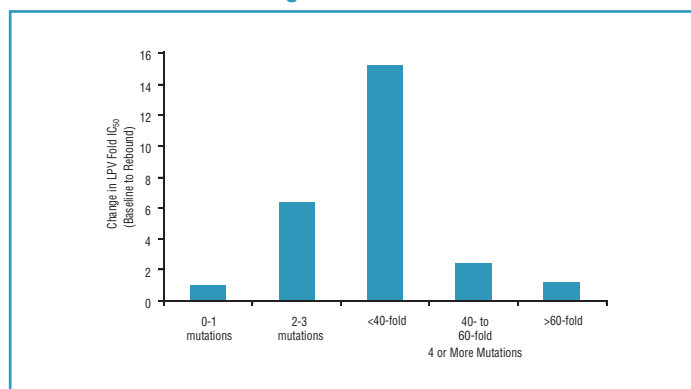


Figure 7b. Mean Fold Change in LPV Resistance During LPV Treatment Among Patients with Rebound



DISCUSSION

Selection of LPV resistance did not occur during virologic rebound/incomplete virologic response on LPV/r based therapy in patients with 0-1 baseline PI mutations. This observation is illustrative of a high pharmacologic barrier to resistance and is consistent with results from extensive clinical studies in ARV-naïve patients, where resistance to LPV/r has not been observed to emerge to date [Kempf et al., 2003, Stevens et al., 2003].

When 2 or more PI mutations are present at baseline (including a primary mutation), the pharmacologic barrier to resistance is compromised, and the emergence of additional resistance is possible. The likelihood of selection appears to be highest with 4 or more baseline mutations. Results were similar if the number of DAP-defined PI resistance mutations [DeGruttola, et al., 2000] was used instead of the LPV mutation score (data not shown).

Information on the upper clinical breakpoint for LPV/r is derived primarily from patients with 4 or more baseline mutations, where the pharmacologic barrier to resistance is expected to be significantly eroded. In these patients, the selection of resistance by LPV/r is most likely in patients with baseline LPV susceptibility of ≤40- to 60-fold and in patients with 4-7 baseline PI mutations.

Notably, because the analysis of resistance emergence is class-specific and because of the high-level NNRTI resistance present at rebound, the estimation of an apparent upper breakpoint for LPV/r (40- to 60-fold) using this method is not complicated by the concomitant therapy received by these patients.

The majority of patients treated with LPV/r in combination with NVP received 3 capsules (400/100 mg) of LPV/r BID. The mean C_{trough} of LPV in 22 patients from Studies M97-765 and M98-888 was 3.87 $\mu\text{g/mL}$. Patients receiving EFV were given 3 or 4 capsules (400/100 mg or 533/133 mg) of LPV/r BID. The mean C_{trough} of LPV in patients from Study M98-957 was 2.16 $\mu\text{g/mL}$ for the 400/100 mg BID dose ($n=24$) and 5.88 $\mu\text{g/mL}$ for the 533/133 mg BID dose ($n=26$). Based on the serum-adjusted IC_{50} value for LPV (0.07 $\mu\text{g/mL}$) [Molla et al., 1998], the calculated average inhibitory quotient (IQ, C_{trough}/IC_{50} ratio) values for viruses of 60-fold reduced susceptibility, based on the above average C_{trough} values, range from 0.5 to 1.4. At IQ values below 1 (i.e., C_{trough} lower than IC_{50}) substantial replication of the baseline virus would be expected and the selection of additional mutations might be disfavored, particularly if the more highly mutant viruses are less fit. Consequently, an apparent upper breakpoint of 60-fold is consistent with the IQ pharmacological model for LPV/r activity.

CONCLUSIONS

- In PI-experienced patients receiving LPV/r, the likelihood of emergence of additional resistance during virologic failure appears to be dependent upon both baseline genotype and phenotype.
- Incremental lopinavir resistance was not observed in patients without a primary mutation at baseline.
- Evidence of selective pressure during viral rebound may be a useful indicator for defining upper genotypic and phenotypic breakpoints for antiretroviral agents.
- The phenotypic upper breakpoint for LPV/r estimated in this analysis (40- to 60-fold) is consistent with the IQ PK/PD model for this regimen.

REFERENCES

- DeGruttola V, Dix L, D'Aquila R, Holder D, Phillips A, Ait-Khaled M, Baxter J, Clevenbergh P, Hammer S, Harrigan R, Katzenstein D, Lanier R, Miller M, Para M, Yerly S, Zolopa A, Murray J, Patick A, Miller V, Castillo S, Pedneault L, Mellors J. The relation between baseline HIV drug resistance and response to antiretroviral therapy: re-analysis of retrospective and prospective studies using a standardized data analysis plan. *Antiviral Therapy* 2000;5:41-48.
- Kempf DJ, Isaacs JD, King MS, Brun SC, Xu Y, Real K, Bernstein BM, Japour AJ, Sun E, Rode RA. Identification of genotypic changes in human immunodeficiency virus protease that correlate with reduced susceptibility to the protease inhibitor lopinavir among viral isolates from protease inhibitor-experienced patients. *J Virology* 2001;75:7462-7469.
- Kempf DJ, Isaacs JD, King MS, Brun SC, Sylte J, B, R, Bernstein B, Rode RA, Sun E. Analysis of the virologic response with respect to baseline viral phenotype and genotype and protease inhibitor-experienced HIV-1-infected patients receiving lopinavir/ritonavir therapy. *Antiviral Therapy* 2002;7:165-174.
- Kempf D, King M, Bauer E, Moseley J, Bernstein B, Brun S, Sun E. Comparative incidence and temporal accumulation of PI and an RTI resistance in HIV-1-infected subjects receiving lopinavir/ritonavir or nelfinavir as initial therapy, 10th Conference on Retroviruses and Opportunistic Infections, Boston, Massachusetts, February 10-14, 2003, Abstract 600.
- Molla A, Vasavanonda S, Kumar G, Sham HL, Johnson M, Grabowski B, Denissen JF, Kohlbrenner W, Plattner JJ, Leonard JM, Norbeck DW, Kempf DJ. Human serum attenuates the activity of protease inhibitors toward wild-type and mutant human immunodeficiency virus. *Virology* 1998;250:255-262.
- Stevens, RC, Cernohous P, King M, Kempf D, Travers N, Moseley J, Grebner K, Brun S, SOKRATES: prospective clinical trials to investigate the evolution of protease resistance during lopinavir/ritonavir treatment, First European HIV Drug Resistance Workshop, Luxembourg, March 6-8, 2003, Abstract 2.14.
- Walmsley S, Bernstein B, King M, Arribas J, Beall G, Ruane P, Johnson M, Johnson D, Lalonde R, Japour A, Brun S, Sun E. Lopinavir-ritonavir versus nelfinavir for the initial treatment of HIV infection. *N. Engl. J. Med.* 2002;346:2039-2046.

Acknowledgments

We gratefully acknowledge the contribution of Dr. Rick Bertz in supplying LPV C_{trough} data from these studies.